

ST. MARY OF THE VISITATION PARISH



16 Cooper Street,
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519-658-4443

stmarycambridge@hamiltondiocese.com

www.stmaryhespeler.ca

Rev. David Reitzel, Pastor dreitzel@hamiltondiocese.com

Mr. Jangho Hong, Seminarian

Mrs. Catherine Quinto Garcia, Pastoral Minister

Mrs. Rosanne Nusca, Administrative Assistant

Mrs. Ruth Ann Milne, Office Assistant

SCHEDULE OF LORD'S DAY MASSES

Saturday 5:00 p.m.

Sunday 9:00 a.m. and 11:00 a.m.

Children's Liturgy runs during the 11:00 a.m.

Mass for children in Kindergarten to Grade 2

WEEKDAY MASSES

Tuesday 7:00 p.m.

Wednesday 8:00 a.m.

Thursday 8:00 a.m.

Friday 8:00 a.m.

PRAYING THE ROSARY

Tuesday at 6:30 p.m. and

7:30 a.m. on Wednesday, Thursday and Friday.

All are welcome.

PARISH ADORATION CHAPEL

Our Chapel is available seven days a week starting Sunday at 12 noon through Saturday at 5:00 p.m.

For more information please call Sheila at 519-658-9414.

OUR PARISH SCHOOLS

Our Lady of Fatima School 519-658-4041

St. Elizabeth School 519-651-0400

St Gabriel School 519-658-2008

St. Benedict Secondary School 519-621-4050

PARISH OFFICE HOURS

(Located in the lower level of the church)

Monday to Friday: 9:00 a.m. to 4:30 p.m.

NEW PARISHIONERS

Please register through our parish website or by completing a form located at the parish entrances.

SACRAMENT OF RECONCILIATION

Tuesday – Friday 15 minutes prior to Mass

Saturday 4:00 p.m. to 4:45 p.m. or by appointment.

SACRAMENT OF BAPTISM

Please contact the parish office to begin the process of preparing your child and family for this Sacrament.

SACRAMENT OF MARRIAGE

Please contact the parish office before setting a date of marriage in order to begin preparations.

PASTORAL CARE TO SICK AND HOMEBOUND

Please contact the office and Father David would be most willing to visit.

ST. VINCENT DE PAUL FOOD PANTRY

Please call 519-658-6511 for assistance.

THIRD SUNDAY OF LENT

Date	Time	Mass Intentions	Requested by
No Weekday Mass			
Saturday, March 14	5:00 PM	+ Antonio Pereira Sousa and Family + Daniel Chabot + Peter Tung Son Nguyen + Jacques Harrison Intentions of Jeanette Heinemann	Carmen and Tony Chaves Jocelyn Dominas The Nguyen Family The Blouin Family SSVP Giving Tree
Sunday, March 15	9:00 AM 11:00 AM	For the people of St. Mary of the Visitation Parish For the people of St. Mary of the Visitation Parish	

LENT

Pray + Fast + Give

STATIONS OF THE CROSS: Fridays at 7:00 p.m., followed by Adoration of the Blessed Sacrament until 8:00 p.m. and concluding with Benediction.

CONFESSION TIMES DURING LENT:

Tuesdays: 6:30 p.m. – 6:55 p.m.
Saturdays: 4:00 p.m. – 4:45 p.m.
 Saturday, March 28: 10:00 a.m. – 11:00 a.m.
 Wednesday, April 1: 8:30 a.m. – 9:30 a.m.
 Thursday, April 2: 8:00 p.m. – 9:00 p.m.
 April 3 (*Good Friday*): 11:00 a.m. – 1:00 p.m.
Please note: No Confession on Holy Saturday

Could you not watch one hour with Me?

During this Lenten Season we invite you to spend time with Jesus in Eucharistic Adoration. Jesus is waiting for you in this Sacrament of Love. There are several time slots still available. Please call Frank or Sheila for more information (519) 658-9414.

FORMED: Journey through Lent with one of the enriching programs available on FORMED. *New to FORMED?* Go to <https://formed.org/signup> and type **St Mary of the Visitation Cambridge** to find and select our Parish. Provide your name and email address and "Sign Up".

ARE YOU REGISTERED IN OUR PARISH? Even though you attend Mass at our parish, you may not be registered if you have not submitted a registration form in the past. Please register your family in preparation for Baptisms, First Communion, Confirmation, etc. Register online at <https://www.stmaryhospeler.ca/new-parishioners>

LOST AND FOUND: Please check our lost and found table in the hallway to the parking lot. There are many items to be claimed!

MARCH BREAK: Father David will be away from **March 9th – 14th and March 16th – 20th**. In his absence there will be **no weekday masses**. Next Saturday, March 14th, we welcome *Father Michael King* to celebrate our evening Mass.



COFFEE SUNDAY: Join us next weekend, **March 14th & 15th**, following ALL Masses, for coffee, juice and treats.

PARISH SOCIAL COMMITTEE: New members are invited to join! Next meeting: **Monday, March 9th at 5:00 p.m.** in the parish centre. See you there!

FIRST RECONCILIATION 2026: Thursday, March 26th and Friday, March 27th. Parents can sign up online for a date and time: <https://www.stmaryhospeler.ca/date-registration>



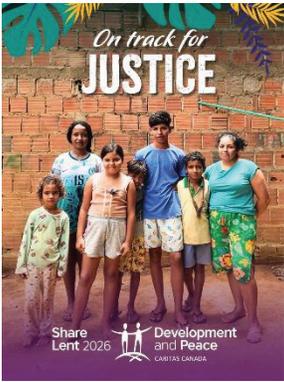
MEETING NOTICE: Msgr. Paul J. Meyer Knights of Columbus Council 4916 welcomes all Brothers to our meeting on **Thursday, March 12th at 7:00 p.m.** at St. Mary of the Visitation Parish. *Please join your Brother Knights for fellowship and Faith in Action.*

EASTER FLORAL TRIBUTES: Remember your loved ones this Easter with a Floral Tribute. All donations will be put toward our Easter decorations. During the Easter season, the names of your loved ones will be placed by the Altar and remembered at all Masses. *Forms are available at the church entrances.*

HOLY WEEK & EASTER SCHEDULE: Altar Servers, Ministers of Communion, Ushers and Lectors are invited to sign up to serve at Mass on Good Friday, Easter Vigil and Easter Sunday. Please sign up online or contact the parish office.

PARISH OFFERINGS for Feb. 28/Mar. 1, 2026
 Sunday Envelopes: \$3,500.30

Thank you for your continued financial support.



SHARE LENT 2026

Development and Peace — Caritas Canada, the official international development organization of the Catholic Church in Canada, is a democratic movement for global solidarity rooted in Catholic Social Teaching. Caritas Canada addresses the root causes of poverty, oppression and inequality by

working with partners in the Global South and by mobilizing Canadians in the common struggle for justice and dignity. The organization also champions women and social movements as key agents of lasting change.

This Lent, let's move forward **On Track for Justice**, the 2026 Share Lent campaign. Together, let's walk hand in hand with communities in the Global South who are working for justice, peace and dignity.

How?

1. By donating online at devp.org/give or during the **Solidarity Sunday collection on March 22nd**, the fifth Sunday of Lent. Your generosity helps support over 59 projects in 34 countries around the world!
2. Get the Mini-magazine and follow the Solidarity Calendar with your family. Discover all the resources at www.devp.org/lent/resources.

20 CREATIVE THINGS TO DO WITH YOUR FAMILY DURING LENT:

Lent is a time where we become more intentional, less concerned about ourselves, and more willing to reach out to others. It may involve stepping out of our comfort zones, but that's not usually a bad thing. Forty days is the perfect amount of time to form good habits that may stick with you for the rest of your life. Whether you've got toddlers, teenagers, grandchildren, or everyone in between, it's never too late to start something new. Here are a few simple things that you can do with your family to make this Lent more meaningful and bring you a little closer together. <https://catchat.ca/blog/creative-things-to-do-with-your-family-during-lent>



THE POPE'S MARCH PRAYER

INTENTION: For disarmament and peace. Let us pray that nations move

toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence. *Pope Leo – March 2026*

Watch - <https://thepopevideo.org>

JOIN THE SERRA CLUB: The Serra Club is glad to resume meetings at St. Agnes Parish, Waterloo on the second Thursday of the month. Join us at St. Agnes for a Holy Hour, Rosary and Benediction at 6:00 p.m. and Mass at 7:00 p.m. There will be a brief meeting and fellowship in the parish hall following evening Mass. *Serrans* are lay Catholics – men and women of all ages and from all walks of life, all dedicated to promote and foster vocations. Serra International ("Serra") is formally recognized by the Holy See as the only global lay apostolate for vocations in the Catholic Church.

Masses for 2026: March 12, April 9, May 14, June 11, July 9, August 13, September 19, October 8, November 12, December 10, 2026. New members are welcome! Contact ma_zister@hotmail.com.

THE REEL JUSTICE FILM FESTIVAL: Join us for our March screening of **Living on One Dollar**. Four college students from the United States travelled to rural Guatemala to live on just \$1 a day for two months. They battled hunger, parasites, and the realization that there are no easy answers to solving extreme poverty. Yet, the generosity and strength of their neighbours left them with a resilient optimism. \$56 for 56 days, how would you survive? There is no discussion with this screening. Watch the film anytime once you receive the link on **March 26th!** Registration required. Register and view our full schedule at: <https://hamiltondiocese.com/reel-justice-film-festival/>.

PARENTING TIP OF THE MONTH: Parenting is a profound vocation, one that requires great stamina and loads of love. Fortunately, God has provided parents with both! Character is at the forefront of all parenting because our kids are watching more than listening! The task of parents, once they bring life into this world, is to center themselves on guiding their child(ren) to maturity. It is a job that requires ongoing learning, teaching and always witnessing to our faith. No one has a greater influence on a child than their parents. Embrace your vocation with dedication and perseverance. Ask God for guidance and support and be confident that your children, by observing you, will learn to be wonderful, faith filled adults whose lives will find joy and success!

VOCATIONS: "But the one who drinks of the water that I will give will never be thirsty." Do you thirst to know where God is leading you? Could you be thirsty for an understanding of your purpose? If God is calling you to serve Him as a priest, deacon, brother or sister, contact Fr. Mark Morley, Director of Vocations, Diocese of Hamilton at 905-528-7988. Email: vocations@hamiltondiocese.com Visit: www.hamiltondiocese.com/vocations/

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